



**L**ife  
**E**nrichment  
**A**nd  
**R**ecreational  
**N**etwork

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At  
the Jacob Schaefer Center

Educational, Cultural, and Recreational Courses and  
Activities for Adults

**Registration Due September 16, 2011**  
**Fall 2011**



**L**ife  
**E**nrichment  
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## **Mission**

**Bancroft's mission is to ensure that every person is given opportunities for lifelong learning and fulfillment.**

We do this by altering perceptions, and by supporting those with intellectual and developmental challenges and acquired brain injuries in achieving their life goals as valued and respected members of our world.

## **L.E.A.R.N.**


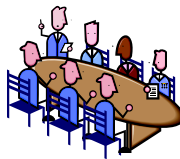



The Life Enrichment and Recreational Network provides educational, cultural, and recreational courses and activities for individuals served by Bancroft who are 18 and older. These courses and activities are intended to increase intellectual, physical and socialization skills as well as promote leisure, independence and personal enjoyment through participation in the program. All classes are held at the Jacob Schaefer Center unless otherwise stated.

Participants can choose from a variety of classes in areas such as creative arts, fun and fitness, healthy cooking, hobbies and leisure, musical arts, and personal development. Also included in the network are social events, club activities and Special Olympics opportunities.

# L.E.A.R.N. Life Enrichment and Recreational Network

## Fall 2011 Schedule – October 3 - November 11

### Classes

Day	Time	Class	Instructor	Cost/Location
Mondays	6-7:00pm	Music & Movement	Marie E.	Cost: \$45
	<b>Oct 3, 10, 17, 24, 31 Nov 7</b>	Expect all the fun of a Jazzercise or Zumba class, but the intensity and challenge will be adapted for those who enroll! Get a work out while singing and moving to music. Classes may include group singing, modified dancing, relaxation, drum work and musical instrument activities. Caregivers are asked to stay and encouraged to participate at no extra fee. Bring water bottle and a small towel.		<i>Holy Saviour Campus McDaid Hall 50 Emerald Ave Westmont, NJ 08108</i>
Mondays	6-7 pm	Self -Advocacy	Michael R.	Cost: Free
	<b>Oct 3, 10, 17, 24, 31 Nov 7</b>	Hear the experiences of members as they discuss their varying roles in different self-advocacy organizations. Discover what it is like to be a member of these groups and explore your own possibilities! The class will also review personal rights, policies and procedures.		<i>Flicker Residences 1001 Van Buren Rd Voorhees, NJ 08043</i>
Tuesdays	6-7:00pm	Baking Bread	Aishling T.	Cost: \$15
	<b>Class A: Oct 4 &amp; 18 Class B: Oct 11 &amp; 25</b>	Participants will measure and mix a few simple ingredients to make dough for the bread. They will learn to form a loaf of Wheaten Irish Soda Bread and a baguette for Sourdough bread. No fancy bread makers or mixers needed. Fresh, warm bread will be yours to enjoy!		<i>Jacob Schaefer Center 1981 Old Cuthbert Rd Cherry Hill, NJ 08034</i>
Tuesdays	6-7:00pm	Sports Expo	Rodney W.	Cost: \$15
	<b>Oct 4, 11, 18, 25 Nov 1, 8</b>	Come out and enjoy open gym night where participants will try various sports. Shoot baskets, kick a soccer ball, try indoor tennis, play games with a parachute and more! Wear your sneakers and get ready to move!		<i>Cooley Hall Gym Hopkins Lane Haddonfield, NJ 08033</i>
Tuesdays	7-8:30pm	Joyful Noise	Cathy & Allison	Cost: \$30
	<b>Classes are on-going every Tuesday (Sept-Jan)</b>	Joyful Noise is a chorus that is open to adults with physical and neurological challenges (and their friends) who live in Southern New Jersey. Hosted by Bancroft, the chorus fosters an atmosphere of community, acceptance, teamwork, and support of each other.		<i>Flicker Residences</i>  (Separate check payable to Joyful Noise, Inc.)

Wednesdays



<b>6-7 :00pm</b>	<b>Water Aerobics</b>	Joanne S.	<b>Cost \$25</b>
<b>Oct 5, 12, 19, 26 Nov 2, 9</b> Back by popular demand! Join Joanne and friends in our therapy pool. Explore how much fun and movement can be enjoyed in water! Class limited to six participants.			<i>Flicker Residences                  1001 Van Buren Rd                  Voorhees, NJ 08043</i>

Wednesdays



<b>6-7pm</b>	<b>Crafting Corner</b>	Sandra R.	<b>Cost \$25</b>
<b>Oct 5, 12, 19, 26 Nov 2, 9</b> The last craft class created such beautiful masterpieces we decided to offer the class again! Come see what Sandra has dreamed up this session! Using varied materials anyone can be creative!			<i>Jacob Schaefer Center                  1981 Old Cuthbert Rd                  Cherry Hill, NJ 08034</i>

Thursdays  
**BIG TIME TRIVIA!!!**



<b>4-5pm</b>	<b>Big Time Trivia!</b>	Mike P.	<b>Cost: \$10</b>
<b>Oct 6, 13, 20, 27, Nov 3, 10</b> Trivia on TV, movies, music, history, science, TV ads, consumer products, sports, and other fun topics with many of the questions being multiple choice! Play solo or up to 3 on a team. Each week the members of the winning team each receives a certificate!			<i>Flicker Residences                  1001 Van Buren Rd                  Voorhees, NJ 08043</i>

Thursdays



<b>6-7:00pm</b>	<b>Beginners Knitting</b>	Sue C.	<b>Cost: \$10</b>
<b>Oct 6, 13, 20, 27, Nov 3, 10</b> Participants will learn the basics of knitting – casting on and off, knit and purl stitches and more. Using the skills you learned, you will complete a washcloth and a basic scarf. Materials provided. Anyone wanting to learn or who wants to knit with us is welcome. Class size limited so please register early.			<i>Jacob Schaefer Center                  1981 Old Cuthbert Rd                  Cherry Hill, NJ 08034</i>

Thursdays



<b>6-7pm</b>	<b>Computer Basics</b>	Brenda G	<b>Cost: \$15</b>
<b>Oct 6, 13, 20, 27, Nov 3, 10</b> Brenda will use our Smart Board to teach Computer Basics. Students will be taught the computers components, Word basics (set up/ write a letter, fonts, spell check, add a picture) and Internet basics (getting on the web, search for info., navigate a site).			<i>Jacob Schaefer Center                  1981 Old Cuthbert Rd                  Cherry Hill, NJ 08034</i>

**Club Activities**

Fridays

**BINGO**



<b>4-5 pm</b>	<b>BINGO Club A</b>	Linda M.	<b>Cost: \$5</b>
<b>6-7 pm</b>	<b>BINGO Club B</b>	TBA	
<b>Club A Oct 7, 21 Nov 4</b>		<b>4-5 pm</b> Flicker Residences	<b>Club A</b> <i>Flicker</i>
<b>Club B Oct 7, 21 Nov 4</b>		<b>6-7 pm</b> Jacob Schaefer Center	<b>Club B</b> <i>JSC</i>
Come out to socialize and enjoy the game of bingo and prizes!			<div style="border: 1px solid black; border-radius: 15px; padding: 5px; display: inline-block;">                     Choose One!                 </div>

Fridays



<b>6-7:30 pm</b>	<b>Karaoke</b>	TBA	<b>Cost: \$5</b>
<b>Oct 14, 28</b> “Who Let the Dogs Out?,” “Thriller” and songs by Bon Jovi are a few of your favorite songs to sing. Come out and join your friends at Karaoke and show them what you've got!			<i>Jacob Schaefer Center                  1981 Old Cuthbert Rd                  Cherry Hill, NJ 08034</i>

## Extras

**Monday  
Columbus  
Day**



<b>4pm</b>	<b>Springdale Farm Pumpkin Picking Hayride</b>	Jeanne B.	<b>Cost: \$10</b>
<b>Oct 10</b> Enjoy a fall afternoon on the farm! Participants will take an educational tour of the farm in a tractor-pulled wagon and pick a pumpkin to take home.			<i>Springdale Farm 1638 S. Springdale Rd. Cherry Hill, NJ 08003</i>

**Thursday**



<b>6-7 pm</b>	<b>Painting Ceramics at All Fired Up!</b>	Jeanne B.	<b>Cost: \$20</b>
<b>Oct 13</b> Everyone is an artist at All Fired Up! Participants choose a plate, mug, bank, etc. to paint using colorful ceramic glaze. Their piece gets fired in the kiln, creating a shiny finish to their masterpiece! Ceramic pieces are great for any home or to give as a gift.			<i>All Fired Up! 602 Haddon Ave Collingswood, NJ 08108</i>

**Saturday**



<b>4-9pm</b>	<b>USSBA Shawnee H.S. Marching Band Competition</b>	Jeanne B.	<b>Cost: \$5</b>
<b>Oct 22</b> Come out and enjoy many area high school marching bands perform their shows in a football stadium. Many instruments, great music, costumes and props make each band spectacular! Concession stands will be open all night for dinner or a snack. Arrive when it is good for you and stay as long as you'd like.... See two bands or fifteen!			<i>Shawnee High School 600 Tabernacle Rd Medford, NJ 08055</i>

**Saturday**



<b>Showtime: 2pm</b>	<b>The Legend of Sleepy Hollow</b>	Jeanne B.	<b>Cost: \$10</b>
<b>Nov 5</b> The old tale of the Headless Horseman comes to life in this wonderfully thrilling, yet funny, adaptation of Washington Irving's classic "Legend of Sleepy Hollow". It tells the story of a young schoolmaster by the name of Ichabod Crane and his encounter with the Headless Horseman on Hallows Eve. Join the residents of Sleepy Hollow for a night of scares and a few laughs.			<i>Shawnee High School 600 Tabernacle Rd Medford, NJ 08055</i>

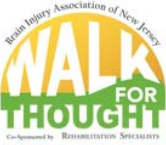
## Special Events

**Saturday,  
Sept 24th**



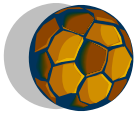
<b>11am-3pm</b>	<b>Bancroft Day!</b>	Program Staff	<b>Cost: Free</b>
<p>Join your peers, friends and family for a day that celebrates Bancroft! Music, art, crafts and more! There will be games to play, things to learn and time to enjoy the company of others! To volunteer from 10a-1pm or 1pm-4pm. Call Deb C 856-524-7023 Rain date: 9/25 12n-4pm</p>			<p><i>Challenge Grove Park Bortons Mill Road Cherry Hill 08034</i></p>

**Saturday,  
Oct 1<sup>st</sup>**



<b>9am Registration 10am Walk</b>	<b>Walk For Thought</b>	Program Staff/ Deb Conner	<b>Cost: \$20</b>
<p>Come out on a Saturday morning with friends or family and participate in NJ Brain Injury Associations Walk for Thought fund-raising event. Bancroft is planning to form a team to participate.</p>			<p><i>Mercer County Park 1638 Old Trenton Road West Windsor, NJ 08550</i></p>

**Saturday,  
Oct. 15<sup>th</sup>**



<b>Game time: 4pm</b>	<b>Philadelphia Union Soccer Game</b>	Michelle H.	<b>Cost: \$35</b> (staff/family fee also due with this registration)
<p>Its soccer season and The Philadelphia Union soccer team just built a new stadium. Come out and see them play on their new field. Enjoy an evening game with your friends!</p>			<p><i>PPL Park One Stadium Drive Chester, PA 19013</i></p>

**Saturday,  
Oct. 29th**





<b>6-9pm</b>	<b>Halloween Costume Party and Dance</b>	Jeanne B.	<b>Cost: \$10</b> (staff/family free!)
<p>Halloween is almost here.... So get your costumes ready for our annual Halloween Dance! Prizes will be awarded for best costume in several categories such as funniest, scariest and cutest couple. There will be music for dancing and a light snack will be served.</p>			<p><i>Place: TBA</i></p>

### **!! SAVE THE DATE !!**

**Sunday,  
Dec. 4, 2011**



	<b>Holiday and Person Served Recognition Gala</b>		<b>Cost: TBA</b>
<p>More information to follow. Look for separate registration form in October! Save the date!</p>			<p><i>Lucien's Manor 81 W. White Horse Pike Berlin, NJ 08009</i></p>

**WINTER/SPRING Special Olympics** Sign up now for the Winter Adult Special Olympics Program. The final schedule and competition play will depend on securing coaches and enough athletes for the team sports. Please remember to keep in mind work schedules, home visits, and safety issues when making your choices.

## Winter/Spring 2011 Season



### **Skiing or Snowboarding** - Individual sport

**Practices:** Two bus ski trips to Pocono Mountains in PA- Jan.  
**Winter Games:** Three days and two nights at Mountain Creek Ski Resort in North Jersey.  
Mon- Weds, Feb 6th-8th



### **Basketball Team** - Team Sport

**Practices:** Starting in Jan. one to two nights per week  
**League Play:** Games every Sunday in Jan 15th - March 4th  
**Sectional Competition:** March 17th and 18th  
**Spring Sports Festival:** Team must qualify at Sectionals – March 31<sup>st</sup> & April 1<sup>st</sup> - Wildwood



### **Basketball Skills** - Individual Sport

**Practices:** Starting in Jan. one night per week  
**Skills Competition:** TBA

## **L.E.A.R.N. Life Enrichment and Recreational Network**

FALL 2011      Registration Information

### **Registration Deadline: September 16, 2011**

Don't delay registering for this session of LEARN – class size is limited and registration will be filled on a first-come first-served basis. Send your registration via email, interoffice mail, or through the postal system, to:

**Jeanne Bozicek, Activities Coordinator**

Jacob Schaefer Center  
1981 Old Cuthbert Road  
Cherry Hill, NJ 08034  
Email: [jbozicek@bnh.org](mailto:jbozicek@bnh.org)

### **Participant Support**

Instructors for the classes are not responsible for providing appropriate support (i.e. supervision) for those taking any of the classes. Registrants must have support that would be appropriate for participation within the greater community. If direct support is not required due to level of independence, staff must check-in with the instructor, sign attendance sheet and leave a contact phone number prior to each class.

If you have any questions regarding classes or registration, please call or e-mail:

**Jeanne Bozicek (856) 428-0685, ext. 128, [jbozicek@bnh.org](mailto:jbozicek@bnh.org)**

# L.E.A.R.N. Registration:

Name: \_\_\_\_\_ Manager/Family Contact: \_\_\_\_\_  
 Program Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
 LOS in Community: (circle) I II III Food Allergies: \_\_\_\_\_

	CLASS	TIME	DATES	COST	TOTAL
Monday	Springdale Farm	4pm	Oct. 10 <sup>th</sup> - Pumpkin Picking	\$10	
	Music & Movement	7-8pm	Oct. 3, 10, 17, 24, 31 Nov 7	\$45	
Tuesday	Breadmaking A	6-7pm	Oct. 4, 18	\$15	
	Breadmaking B	6-7pm	Oct. 11, 25	\$15	
	Sports Expo	6-7pm	Oct. 4, 11, 18, 25 Nov 1, 8	\$15	
Weds.	Joyful Noise	7-8:30pm	On-going	\$30	chk. to JN
	Water Aerobics	6-7pm	Oct. 5, 12, 19, 26 Nov. 2, 9	\$25	
	Crafting Corner	6-7pm	Oct. 5, 12, 19, 26 Nov. 2, 9	\$25	
Thursday	Self-Advocacy	6-7pm	Oct. 5, 12, 19, 26 Nov. 2, 9	Free	
	Big Time Trivia	4-5pm	Oct. 6, 13, 20, 27 Nov. 3, 10	\$10	
	Beginners Knitting	6-7pm	Oct. 6, 13, 20, 27 Nov. 3, 10	\$10	
	Computer Basics	6-7pm	Oct. 6, 13, 20, 27 Nov. 3, 10	\$15	
Friday	All Fired Up! Ceramics	6-7pm	Oct. 13 <sup>th</sup>	\$20	
	Bingo Club A – Flicker	4-5 pm	Oct. 7, 21 Nov. 4	\$5	
	Bingo Club B – at JSC	6-7 pm	Oct. 7, 21 Nov. 4	\$5	
Saturday	Karaoke	6-7:30pm	Oct. 14, 28	\$5	
	Walk For Thought	10am	Oct. 1 <sup>st</sup> T-shirt size S M L XL	\$20	
	Union Soccer Game	4pm	Saturday, Oct. 15 <sup>th</sup>	\$35	
	Marching Band Comp.	4-9pm	Saturday, Oct. 22 <sup>nd</sup>	\$5	
	Halloween Dance	6-9pm	Saturday, Oct. 29 <sup>th</sup>	\$10	
	Legend of Sleepy Hallow	2pm	Saturday, Nov. 5 <sup>th</sup>	\$10	

Method of Payment (payable to BANCROFT) Check/Money Order # \_\_\_\_\_ Total \_\_\_\_\_

**SPECIAL OLYMPICS: (Please check all that apply)**

\_\_\_\_\_ Skiing \_\_\_\_\_ Snowboarding \_\_\_\_\_ Basketball Team \_\_\_\_\_ Basketball Skills

Signature of applicant/staff/guardian: \_\_\_\_\_

Date: \_\_\_\_\_

***PLEASE submit by Registration Deadline!  
 September 16, 2011***

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## L.E.A.R.N. Registration for Support Staff/Family Members:

Program/Family Name: \_\_\_\_\_

10/1 Walk for Thought # of staff/family walkers \_\_\_\_\_ at \$20 each = \$ \_\_\_\_\_  
 10/15 Union Soccer Game # of staff/family tickets \_\_\_\_\_ at \$35 each = \$ \_\_\_\_\_  
 10/22 Marching Band Competition # of staff/family tickets \_\_\_\_\_ at \$5 each = \$ \_\_\_\_\_  
 10/29 Halloween Dance # of staff/family attending \_\_\_\_\_ (Free for staff and family!)  
 11/5 Legend of Sleepy Hallow # of staff/family tickets \_\_\_\_\_ at \$10 each = \$ \_\_\_\_\_

Check/Money order # \_\_\_\_\_ Total \$ \_\_\_\_\_ **Due September 16, 2011**