



Life
Enrichment
And
Recreational
Network

At
the Jacob Schaefer Center

Educational, Cultural, and Recreational Courses and
Activities for Adults

Registration Due June 4, 2010
Summer 2010



Life
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Mission

Bancroft's mission is to ensure that every person is given opportunities for lifelong learning and fulfillment.

We do this by altering perceptions, and by supporting those with intellectual and developmental challenges and acquired brain injuries in achieving their life goals as valued and respected members of our world.

Core Values

Respect
Empathy
Support
Pride
Effectiveness
Connections
Teamwork

RESPECT encompasses an array of attributes that clearly define who we are at Bancroft. It is our core value that helps unify the organization around our brand essence and provides the framework for supports and services, decision-making and working together.

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L.E.A.R.N.





The Life Enrichment and Recreational Network provides educational, cultural, and recreational courses and activities for individuals served by Bancroft who are 18 and older. These courses and activities are intended to increase intellectual, physical and socialization skills as well as promote leisure, independence and personal enjoyment through participation in the program. All classes are held at the Jacob Schaefer Center unless otherwise stated.


Participants can choose from a variety of classes in areas such as creative arts, fun and fitness, healthy cooking, hobbies and leisure, musical arts, and personal development. Also included in the network are social events, club activities and Special Olympics opportunities.


L.E.A.R.N. Life Enrichment and Recreational Network

Summer 2010 Schedule - June 21- July 30



Classes

Day	Time	Class	Instructor/ Facilitator	Cost/Location
Monday	6-6:45pm	Stretch & Condition	Kim M.	Cost: \$25
	June 21, 28 & July 12, 19, 26 Start the week off right! Be good to your body and you'll feel energized and fit! Join in and learn proper stretching techniques to keep your body limber. Each class starts off slow with relaxing stretches and then picks up the tempo a bit to get your body moving. Perfect class for the Special Olympics athlete! Every ability level is welcome and encouraged to participate. Each student will receive an exercise mat for their personal use at home.		<i>Cooley Hall Gym, Bancroft's Haddonfield Campus</i>	
Monday	7-8pm	Dance Party!	Kim M.	Cost: \$15
	June 21, 28 & July 12, 19, 26 Why wait for the Holiday Gala to dance? Come out and dance with your friends to your favorite music! Kim will be on hand to teach a few new dance moves such as the jitterbug, line dances, hip hop and Michael Jackson's Thriller. We will be using the whole gym so bring your friends!		<i>Cooley Hall Gym, Bancroft's Haddonfield Campus</i>	
Tuesday	5:30-7pm	Jersey Fresh	Barry M.	Cost: \$40
	Class A: June 22, July 6, 20 Class B: June 29, July 13, 27 Barry's back! New Jersey is the Garden State and you will reap the benefits by eating Jersey Fresh this summer. Enjoy dinner with friends cooked by Barry using locally grown produce. Get new ideas for cooking at home and learn about nutrition, healthy portions, food groups and safe cooking practices.		<i>Jacob Schaefer Center</i>	
Tuesday	7-8:30pm	Joyful Noise	Cathy & Allison	Cost: \$30 (Separate check payable to Joyful Noise, Inc.)
	Classes are on-going every Tuesday (June-Sept) Joyful Noise is a chorus open to adults with physical and neurological challenges (and their friends) who live in Southern New Jersey. Hosted by Bancroft, the chorus fosters an atmosphere of community, acceptance, teamwork, and support of each other. Come find your voice and develop your vocal, musical and diction skills that will enable you to express yourself and communicate through music.		<i>Flicker Residences</i>	



Day	Time	Class	Instructor/ Facilitator	Cost/Location
Thursday	5:30-6:30pm	Summer Crafts	Sandra R.	Cost: \$40
	June 24 & July 1, 8, 15, 22 Create beach themed crafts in the inviting atmosphere of the Markeim Art Center in Haddonfield, NJ! Participants will enjoy painting, gluing, decorating and expressing themselves through their own crafty artwork using natural resources from the beach. Finished products can be used to decorate your own home or given as gifts!		<i>Markeim Art Center 104 Walnut Street Haddonfield, NJ 08033</i>	

Thursday	6:30-7:30pm	Ladies Circle	Shelley G.	Cost: \$25
	June 24 & July 1, 8, 15, 22 Get together with your girlfriends to talk about what is important to you! Topics will include getting to know you, women's health issues, dating and much more. During Ladies Circle we will have discussions in a relaxed, friendly environment while we bead a necklace, paint our nails or enjoy a healthy snack.		<i>Jacob Schaefer Center</i>	


Club Activities


Wednesday	6:30- 8pm	Karaoke Club	TBD	Cost: \$5
	June 30 & July 28 We know you love to sing your favorite songs and entertain your friends, so.... come on out to Karaoke! This club gives participants an opportunity for self-expression and musical performance in a cozy, laid back setting. Participants may choose to sing individually or as a group.		<i>Jacob Schaefer Center</i>	
Friday	4-5 pm 6-7 pm	BINGO Club A BINGO Club B	Linda M. Kate D.	Cost: \$5
BINGO 	Club A June 25 & July 8, 23 4-5 pm Flicker Res. Club B June 25 & July 8, 23 6-7 pm Jacob Schaefer		Club A Flicker Club B J.S.C.	
This club is so popular we will have BINGO at two locations! Come out early, socialize and enjoy the great game of bingo and prizes!			<div style="border: 1px solid black; border-radius: 15px; padding: 5px; display: inline-block;"> Choose One! </div>	


Extras


Wednesday	6-7 :30pm	Roller-skating	Tanya	Cost: \$30
	June 23 & July 21 Beat the summer heat and spend two evenings skating and socializing with your friends indoors at a local skating rink! Request a song to skate to and get some exercise while having fun. Skates are available at the rink for an extra charge of \$3.		<i>Cherry Hill Skating Center 664 Deer Road Cherry Hill, NJ 08034</i>	
Wednesday	5-6 pm	Springdale Farm Fruit & Veggie Picking	Jeanne B.	Cost: \$10 each date
	June 9th- Strawberry Picking Hayride = \$10 August 18th- Bean and Tomato Picking Hayride = \$10 Enjoy an evening on the farm. Participants will pick an in-season fruit or vegetable and then tour the farm in a tractor-pulled wagon.		<i>Springdale Farm 1638 S. Springdale Rd. Cherry Hill, NJ 08003</i>	

Special Events


Day	Time	Event	Facilitator	Cost/Location
Friday, June 18 th	7-10pm	Special Olympics June Jubilee	Program Staff Jeanne B	Cost: FREE! (Donate a personal care items to send to our troops)
	Celebrate your Special Olympics accomplishments at this Summer Dance. Have fun with your fellow athletes from different programs in South Jersey or meet some new friends. Everyone is invited - athletes and friends-of-athletes alike! A DJ will be there to help you get your groove on and pizza will be served.			<i>Bellmawr Park Fire Hall 12 Essex Ave</i>

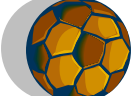
Sunday, June 27 th	Registration: 9:30am Walk: 10am	Clementon Park SONJ Day	Program Staff Jeanne B.	FREE for Athletes \$20 Friends, Family & Staff
	Special Olympics athletes, family and friends are invited to a fundraising walk at Clementon Park. <u>If you choose not to participate in the walk you can arrive any time after 11am</u> when the park opens to the public. Our group may bring coolers with food into the park and there will be a pavilion for our use. Bring sunscreen and get ready to get wet while enjoying the water rides or stay dry on the amusement park rides. Either way it's sure to be a fun filled day!			<i>Clementon Park 144 Berlin Road Clementon, NJ 08021</i>

Sunday, August 22 nd	6-8pm	Pep Rally	Kim M.	Cost: \$10
	First Annual Community Services for Adults Pep Rally! Get together with friends to watch a slideshow of the many events you've participated in throughout the past year while getting a taste for what you might like to try in the future. There will be music for dancing and a light snack will be served.			<i>Lindenwold Moose 242 S White Horse Pike Lindenwold, NJ 08021</i>

Saturday, August 28 th	Game time: 5:35pm	River Sharks Baseball Game	Jeanne B.	Cost: \$11 *Staff tickets MUST be purchased as well*
	Let's go out to a ball game! Come on out and see the Camden Riversharks take on the Lancaster Barnstormers at Campbell's Field. Each participant will receive a ticket into the ballpark and should bring \$15 if you plan to eat dinner at the game. Stay and enjoy fireworks immediately following the game if you'd like!			<i>Campbell's Field 401 N. Delaware Ave. Camden, NJ 08102</i>

!! Save the Date !!

Sunday, Sept. 12 th	12noon -5pm	Community Services for Adults - Summer Picnic	Jeanne B.	Cost: \$38
	More information to follow. Look for registration form in July! Save the date!			<i>Liberty Lake Columbus, NJ</i>

Saturday, Sept. 25 th	Game time: 4pm	Philadelphia Union Soccer Game	Michelle H.	Cost: \$33
	More information to follow. Look for registration form in July! Save the date!			

FALL Special Olympics Sign up now for the Fall Adult Special Olympic Program. The final schedule and competition play will depend on securing coaches and enough athletes for the team sports. Please remember to keep in mind work schedules, home visits, and safety issues when making your choices.

Fall 2010 Season - August 23- October 31

Cycling—Individual sport. Unified Teams possible.

Practices: Once per week starting late August. Details TBA.

Must have own bicycle and helmet and experience riding a bike.

Sectional Competition: Must participate in one competition early October to go to Fall Festival.



Fall Festival: Details TBA—most likely last Saturday in October in Princeton. Persons served using 3 wheeled bikes may also participate.

Flag Football Teams compete in a six week league.



Practices: Once per week starting late August.

Games: Saturdays in Sept and Oct.

** Participants may register for one of the above Fall Sports in **addition** to bowling (since bowling is a Spring Sport), or just one of the above sports or just bowling.*

Bowling—Individual sport. Unified teams possible. Early registration is needed in order to reserve lanes.

Practices: Once every other Sunday starting mid September. Details TBA.



Competition: One in February and two in March (Spring Season) - Fall is for establishing averages.

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SUMMER 2010 Registration Information

Registration Deadline: June 4, 2010

Don't delay registering for this session of LEARN – class size is limited and registration will be filled on a first-come first-served basis. Send your registration via email, interoffice mail, or through the postal system, to:

Jeanne Bozicek, Activities Coordinator

Jacob Schaefer Center

1981 Old Cuthbert Road

Cherry Hill, NJ 08034

Email: jbozicek@bnh.org

Participant Support

Instructors for the classes are not responsible for providing appropriate support (i.e. supervision) for those taking any of the classes. Registrants must have support that would be appropriate for participation within the greater community. If direct support is not required due to level of independence, staff must check-in with the instructor, sign attendance sheet and leave a contact phone number prior to each class.

If you have any questions regarding classes or registration, please call or e-mail:

Jeanne Bozicek (856) 428-0685, ext. 128, jbozicek@bnh.org

L.E.A.R.N. Registration

Name _____
(First) (Last)

Program Name _____ Home Phone _____

Program Phone _____ Food Allergies _____

Level of Support in the Community _____ Additional Comments _____

Class/Club/Extras/Special Events Selection **Cost Total**
 (Please check all that apply)

Monday	Stretch & Condition	6-6:45pm	5 nights 6/21&28, 7/12,19,26	\$25	
	Dance Party!	7-8pm	5 nights 6/21&28, 7/12,19,26	\$15	
Tuesday	Barry's Bistro	5:30-7pm	Class A: June 22, July 6, 20	\$40	
	Barry's Bistro	5:30-7pm	Class B: June 29, July 13, 27	\$40	
Wednesday	Joyful Noise	7-8:30pm	On-going	\$30	
	Springdale Farm	5- 6pm	June 9th for Strawberries	\$10	
	Springdale Farm	5- 6pm	August 18th for Beans & Tomatoes	\$10	
	Karaoke	6:30-8pm	June 30th and July 28th	\$5	
Thursday	Roller Skating	6-8pm	2 nights 6/23, 7/21	\$30	
	Summer Crafts	5:30-6:30pm	5 nights 6/24, 7/1,8,15,22	\$40	
Friday	Ladies Circle	6:30-7:30pm	5 nights 6/24, 7/1,8,15,22	\$10	
	Bingo Club A – Flicker	4-5 pm	3 nights 6/25, 7/9, 7/23	\$5	
Sunday	Bingo Club B – at JSC	6-7 pm	3 nights 6/25, 7/9, 7/23	\$5	
	CSA Pep Rally	6:30-8:30pm	August 22nd	\$10	
Saturday	Clementon Park	See description	June 27th	\$20 or free	
	Riversharks Game	5:35pm	August 28th	\$11	

Method of Payment (payable to BANCROFT) Check/Money Order # _____ Total _____

June Jubilee - Program Name: _____ **# of people served & staff** _____ (free w/ personal care item)

Clementon Park- Program Name: _____ **# of athlete tickets:** _____ **# friends, staff @\$20** _____

Riversharks- Program Name: _____ **# of staff tickets needed** _____

Joyful Noise

Checks for \$30 can be made out and given directly to Joyful Noise Inc. They can also be given to Jeanne Bozicek

Special Olympics (Please check all that apply)

Flag Football Cycling Bowling (can choose bowling plus another sport or just bowling) |

If you are not registering at this time please note why

Not interested in classes offered Class not at a convenient time Other (list)

Signature of applicant/staff/guardian:

Date:

PLEASE submit by Registration Deadline!
June 4, 2010