



Bancroft At Home

In-home services and support for adults with intellectual and developmental disabilities, and family respite services



Bancroft
One world. For everyone.

“ Our focus is on building skills while creating relationships in the community. We increase people’s independence, health and overall enjoyment. ”

– Karen Reiss, *director of Bancroft At Home*

Help with everyday tasks – and more

Bancroft At Home can provide enough structure to keep a person on track toward healthier, safer living. It can include respectful instruction in life skills, such as personal care and money management. Our skilled staff members work with families to establish goals tailored to the needs of the person and the family. People with disabilities can benefit significantly from our tried and true approach of blending instruction with real-life experiences, goal-setting and periodic review.

To support a healthy lifestyle, Bancroft At Home offers nutritional monitoring and workout buddies. Services can include transportation to medical appointments, as well as instruction to use public transportation. These are important safety nets for someone managing an ongoing medical condition, and to enable people to access a wide range of community resources and activities.

In addition, the program can pair mentors with people who are ready to take on a challenge – whether a trip, a college course or a marathon. Like a life coach, the mentor can guide the person through the steps that turn dreams into reality.



Independence, with a helping hand

Bancroft At Home helps people in their own home, their family's home, and/or in the community.

Our skilled and compassionate staff members can provide a wide range of services, including those listed below. We match our services to each person's unique needs and preferences, and those of his or her family. Our goal is to support the person to build or maintain independence, establish community and social connections, and live a fuller life.

For many people with disabilities, engaged, independent living requires some level of support – whether daily assistance or occasional guidance. Bancroft At Home provides that in your home and community.

Bancroft At Home can provide:

- behavioral support and education
- instruction in daily living skills, personal care, and money management
- social skills programs
- transportation, and public-transportation instruction
- assistance with medical appointments, grocery shopping and errands
- home maintenance
- exercise companionship and therapeutic recreational activities
- mentoring
- family education and supports
- in-home clinical assessments



“ Bancroft At Home helps my son Scott with doctor’s appointments, social activities, paying his bills – everything he needs to live a good, independent life. With in-home support, Scott is in control; he has a sense of pride and accomplishment. ”

– Matt Dillon, father of a man supported by Bancroft At Home

More than respite care, this a la carte collection of services has a strong therapy component. Supports are available for as little as a few hours a month, or 40 hours or more each week. Program options are flexible, personalized and affordable, to best support families.

Bancroft At Home is part of Bancroft’s comprehensive range of care that meets people’s needs as they change over time. It’s operated by the same highly qualified team that provides care in Bancroft group homes and clinical settings – now available to support people in their own homes.

Guidance for interactive skills

Bancroft created Bancroft At Home to answer frequent requests for care that integrates a social component. Our services can link people to opportunities for interaction – which are especially important for people with autism spectrum disorders or other developmental disabilities. Moreover, we can coach people as they cultivate appropriate friendships and beneficial community connections.



Imagine a well-trained team of workers who can compassionately redirect destructive behaviors and reinforce positive actions. Bancroft At Home provides that care in a social-skills program. Our seasoned staff members are experienced in complex areas like understanding social cues, interpreting feelings and managing anxiety.

Plus, therapists who come to one's home can assess behavioral difficulties as they emerge, rather than hearing about them later. That direct observation allows a finely tuned plan to address physical aggression, self-abuse or other problem behaviors.

Additional benefits for families, guardians

Bancroft At Home's services are available for short-term use – during a guardian's vacation or illness – or for regular needs, like weekly grocery shopping or monthly day trips. It's an ideal solution for families who live too far away for frequent contact. And Bancroft At Home can ease worries stemming from chronic disease or advanced age, through regular check-ins and social outings.



Locations and funding

The program is offered in **northern Delaware and southeastern Pennsylvania**. Similar services are available in **New Jersey**. Designed for those who do not already participate in a residential program, Bancroft at Home can be funded privately or through public assistance.

For more information

To learn how Bancroft At Home can help your loved one, please contact us:



Toll-free: (800) 774-5516
TTY: (856) 428-2697
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Or visit: www.bancroft.org



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FOR MORE INFORMATION

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BANCROFT'S MISSION is to ensure that every person is given opportunities for lifelong learning and fulfillment.

We do this by altering perceptions, and by supporting those with intellectual and developmental challenges and acquired brain injuries in achieving their life goals as valued and respected members of our world.



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