

# A Path Forward After Brain Injury

Bancroft NeuroRehab provides coordinated, transdisciplinary support for adults navigating life after brain injury. Services are designed to align clinical care, daily routines, and community participation, meeting people where they are and helping them move forward.

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# After a Brain Injury, Knowing What Comes Next Isn't Always Clear

**Bancroft NeuroRehab offers direction, coordination, and connection.**

Bancroft NeuroRehab supports adults navigating recovery after traumatic brain injury, stroke, or other acquired brain injuries, serving individuals and families at different stages of the recovery process.

Whether someone is seeking structured rehabilitation or clinical guidance to help determine next steps, Bancroft NeuroRehab helps individuals and families move forward with clarity and support.

At Bancroft NeuroRehab, we provide a range of services, including therapeutic treatment, residential support, and community reintegration. Our approach to neurorehabilitation is individualized, recognizing that recovery depends on coordinated planning that reflects each person's needs, goals, and path forward.



## Ways to Get Started

Bancroft NeuroRehab offers several ways to get started, based on each person's needs and where they are in recovery. Services are designed to provide clarity and structure at different points in the recovery process, without requiring a single defined path.



### Neuropsychological Evaluations

to clarify cognitive strengths, challenges, and next steps



### Psychological Counseling

to support adjustment, coping, and mental health needs



### Therapeutic Day Programs

for structured rehabilitation and skill development



### Community Residential Services

that support daily living while rehabilitation continues



### Supported Employment Services

focused on community and workforce engagement



# The Clinical Center of Care

**Bancroft NeuroRehab's therapeutic day program is a central part of many individuals' active rehabilitation.**

Individuals follow a schedule of activities targeting transdisciplinary goals, with therapies and clinical supports selected to address their specific needs and interests. The structured day program promotes routine, engagement, and helps individuals apply rehabilitation goals in their daily lives.

This includes opportunities to practice planning and organizational skills and participate in group-based activities that support communication, cooperation, and social connection. Clinical teams adjust supports as progress continues to ensure goals remain functional and person-centered.

## DAY PROGRAM SERVICES MAY INCLUDE:

### Core Therapies

- Physical therapy
- Occupational therapy
- Speech therapy
- Cognitive rehabilitation
- Psychological services

### Care Planning and Functional Goal Supports

- Case management
- Nursing support
- Vocational and pre-vocational support
- Group activities
- Community outings



# Neurorehabilitation Designed for Complex Recovery

Bancroft NeuroRehab supports individuals with complex neurological and brain injury-related needs with a team of specialists. Care is guided by an understanding of how cognitive, emotional, behavioral, and physical factors interact, keeping rehabilitation focused on meaningful progress in daily life rather than isolated clinical milestones.

Our team of neuropsychologists possess advanced training and work closely with the broader clinical team to shape care plans and develop goals. This ensures rehabilitation reflects the whole person, including how personal history, current challenges, and recovery goals intersect.



**“ We found you to be very skilled and caring. Your therapist made obtaining a much-needed wheelchair possible and... you helped my husband to make gains that make a huge difference in the quality of life. ”**

**- JENNA C., PATIENT'S SPOUSE**

## A Home Setting Built To Support Progress

Bancroft NeuroRehab offers community residential supports designed to complement rehabilitation and support progress toward greater independence.

Residential services are provided in **modern group homes and supported apartments located in suburban communities across central and southern New Jersey**. These offer a supervised living environment where individuals can build everyday life skills, maintain routines, and apply strategies developed by the clinicians guiding their care.

As people grow in confidence and independence, many can return to living independently in the community.

“ *Bancroft is amazing! All the staff are knowledgeable and caring with a great focus on goals and meeting them quickly. Having tried four places before Bancroft, I am confident in saying they are the best.* ”

– BRIAN S., PATIENT



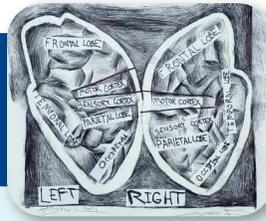
## Reconnecting To Work, Purpose, and Community

Rehabilitation after brain injury often includes rebuilding participation in **paid work, volunteer roles, and community life**. At Bancroft NeuroRehab, vocational and community reintegration is approached as an individualized process shaped by each person's goals, strengths, and readiness.

Vocational support may begin with cognitive rehabilitation and progress toward community-based experiences or employment. Through established partnerships with community organizations and employers, individuals may access supported employment opportunities designed to promote confidence, skill development, and sustainable participation.

## PATIENT SPOTLIGHT

# Stephen's Story



After a work-related fall resulted in a traumatic brain injury, Stephen faced significant physical, cognitive, and emotional challenges that disrupted his independence and daily life. Through Bancroft NeuroRehab's day and residential services, he steadily rebuilt skills, confidence, and a sense of purpose, reconnecting with interests such as art and volunteer work along the way.

Stephen now lives independently in his own apartment with his cat, Henri. He continues to meet regularly with his counselor, to help manage the cognitive and emotional aspects of recovery. His experience reflects how rehabilitation can support lasting independence while remaining a meaningful, ongoing part of life after brain injury.

## Frequently Asked Questions

### What are the typical hours and days of the week for the day program?

The day program operates Monday through Friday from 9:00 a.m. to 3:00 p.m. Schedules may vary based on individual needs. Part-time schedules may be available.

### How are families and caregivers involved in the rehabilitation process?

Families and caregivers may be invited to participate in care planning, share insights, and communicate with the treatment team as goals are developed and refined. Bancroft NeuroRehab also offers caregiver support and counseling services to help families navigate the challenges, adjustments, and emotional impact that can accompany brain injury recovery.

### How do you provide transportation?

Bancroft NeuroRehab's residents are provided transportation to the day program, medical appointments, and community activities. Individuals who participate in the day program while living at home typically arrange their own transportation.

## Funding Sources

Payment for services varies based on individual circumstances and program fit. Our admission team works with families, referral partners, and payors to help determine alignment between services and funding.

### TYPICAL FUNDING SOURCES MAY INCLUDE:

- Medicaid MLTSS-TBI
- Workers' compensation
- Auto-related claims
- VA funding
- Private pay

Neuropsychological evaluations and psychological counseling may also be covered by commercial insurance or Medicare, depending on clinical criteria and plan details.





All Bancroft NeuroRehab programs are accredited by the Commission on the Accreditation of Rehabilitation Facilities (CARF), an international, nonprofit evaluator of consistent quality and effectiveness of health and human services.

*Bancroft NeuroRehab is a division of Bancroft, a provider of services to people with neurodevelopmental and neurological conditions.*

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## Locations

### MT. LAUREL

Resnick Center, 3900 Church Road  
Mt. Laurel, NJ 08054

### PLAINSBORO

666 Plainsboro Road, Suite 2000-C  
Plainsboro, NJ 08536

### TOMS RIVER

1433 Hooper Avenue, Suite 131  
Toms River, NJ 08753

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